## Zion Crusader Track 2023 👟

This is a co-ed sport at Zion. You are responsible for making arrangements to get your child(ren) to and from practices and meets. Look for emails to let you know other important information.

Athletes are to wear their Zion Crusader's t-shirt jerseys. If you would like to purchase a new Zion Crusader t-shirt jersey (\$12) through school, you can write a check to Zion Lutheran and give it to the school office or Mrs. Schwartz.

Participants should have comfortable running shoes, as well as layers of clothing to put on or take off as the temperature dictates. Practices will start off Wednesdays and Thursdays until 4:45. There is a smaller group this year, so depending on weather and necessity times may change after the season starts based on what is needed.

Track coaches: Mrs. Lloyd, Mrs. Crave, and Hunter Sommer

Athletic director: Megan Schwartz (<u>mschwartz@zioncrusaders.com</u>) 262-374-4154

Practices will be on Wednesdays and Thursdays from 3:15-4:45 starting April 5th-May 11th with our last day being our May 13th track meet. We will be **off on Thursday, April 6th.** 

Our two track meets of the season will be the following:

Saturday May 6th - BLAC Division 2 Track Meet @ Luther Prep Saturday May 13 - BLAC Conference Track Meet @ Fort Atkinson High School